



Many Moons Psychotherapy Services, Inc.
an arts-based approach to emotional health

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Social Media Policy & Disclosure Statement

This document outlines the **Digital and Social Media** policy outlines how you can expect Many Moons clinicians to respond to various digital (online) interactions. The two primary goals are to: 1. maintain your confidentiality and privacy and 2. have clear, consistent boundaries for our therapeutic relationship. By signing this form, you agree to be contacted via phone, text, email or social media and that this contact may disclose your affiliation with Many Moons.

Email, Texting, Messaging Communication: Email is an easy, direct and useful means to communicating. We prefer using email for scheduling and financial dialogue. Please do not email content related to your therapy sessions, as email is not completely secure or confidential. If you choose to communicate by email, be aware that all emails are retained in the logs of Internet service providers. While it is unlikely that someone will be looking at these logs, they are, in theory, available to be read by the system administrator(s) of the Internet service provider. You should also know that any emails sent and received become a part of your legal record. In addition, work emails (@manymoonstherapy.org) are forwarded to personal email addresses in order to most promptly contact you. This further complicates your privacy. Please do not email if you are not comfortable with replies from either server. As with email, texting is a fast and efficient way to connect about urgent scheduling matters (car trouble, snow, sudden illness). However, texting adds a unique challenge to established boundaries. Even though text messages can/could e received immediately, this does not ensure you'll get a prompt response. Please bring your concerns about this so it can be openly addressed. Cellphones and websites are not secure and present a host of challenges to maintaining your confidentiality.

Social Networks and Internet Presence: We do not accept friend or contact requests from current or former clients on any social networking sites. Adding clients as friends or contacts on these sites can compromise your confidentiality and our respective privacy. If you have questions about this, please bring them up when we meet and we can talk more about it. You are welcome to "like" the Many Moons Facebook Page. Your presence on that page may be viewable to the public and may disclose your connection. Many Moons clinicians do not search for clients on Google or Facebook or other search engines. Extremely rare exceptions *may* be made during times of crisis due to a strong safety concern. You may find Many Moons on sites that list mental health businesses. Some of these sites include forums in which users rate their providers and add reviews. If you see our listing on any of these sites, please know that it is not a request for a testimonial, rating, or endorsement from you as my client. Of course, you have a right to express yourself on any site you wish. Due to confidentiality, we will not respond to any review on any of these sites whether it is positive or negative. You should also be aware that if you are using these sites to communicate indirectly, it may not be received.

GPS Tracking: If you used location-based services on your mobile phone, or "check-in" at the office, this may compromise your privacy. If you have GPS tracking enabled on your device, it is possible that others may surmise that you are a therapy client due to regular check-ins at my office on a weekly basis. Please be aware of this risk if you are intentionally "checking in," from the office.

I understand this disclosure statement. I give my authorization to use and receive text messages, emails and possible messaging on the internet. I understand that these digital communication vehicles could compromise my confidentiality, confuse my understanding of my therapist's availability outside our sessions, and blur the therapeutic relationship boundary. I feel adequately informed about how I can protect my privacy and confidentiality.

Client Signature: _____

Date: _____

Parent/Guardian Signature: _____

Date: _____

Parent/Guardian Signature: _____

Date: _____

Clinician Signature: _____

Date: _____